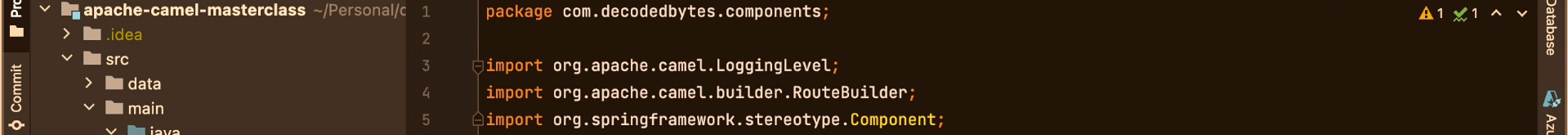
1. Agenda:  
   A close-up of a clock

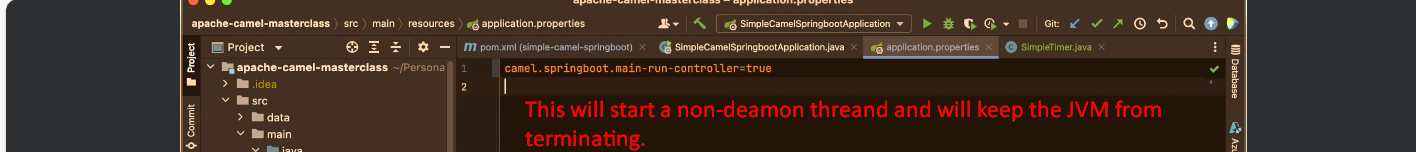
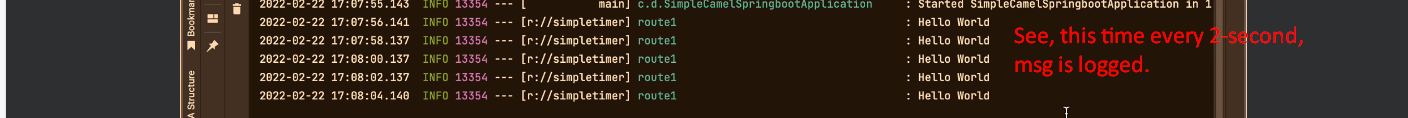
   Description automatically generated
   1. Build first Camel Route (Basically Camel Timer Route).
   2. **Timer Route** is a route the runs every X seconds.
   3. **X parameter**: X is parameter passed to the timer route which dictates how and when the route should run.
   4. We will assign a body to the **Out-Message** in the exchange.  
      Finally, we will read the body from the **In-Message** of the exchange.

and will log the msg.

* 1. We will look at some best practices for defining a route.
  2. And we will also look at how a route works internally.

1. Let’s get started.
2. 
3. A screenshot of a computer

   Description automatically generatedA screen shot of a computer

   Description automatically generated  
     
     
   A close-up of a message

   Description automatically generatedA close-up of a sign

   Description automatically generated
4. Let’s take this a step further now.
5. A screenshot of a computer

   Description automatically generated